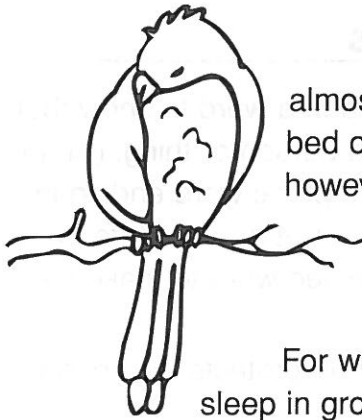


Animals' Sleeping Habits

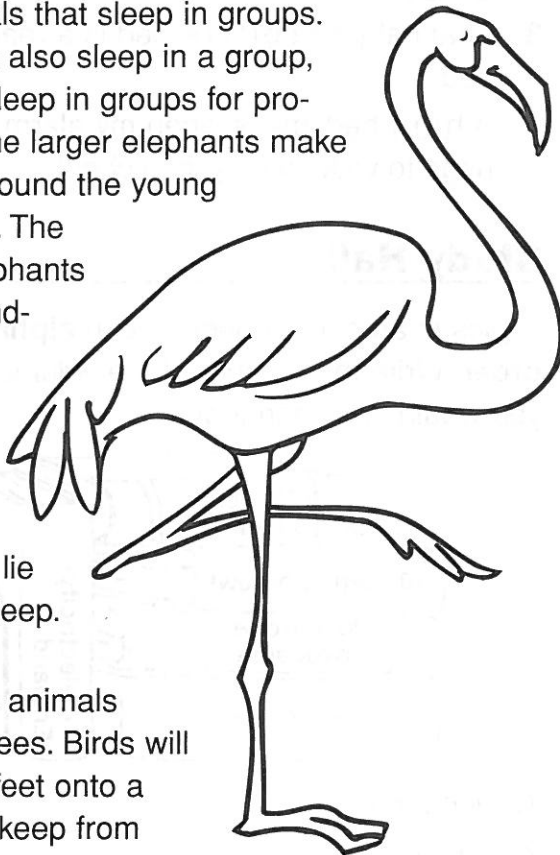


Sleep for humans almost always means a bed or a mat. Animals, however, have many different ways of sleeping.

For warmth, some animals sleep in groups. Lions, monkeys, and penguins are a

few animals that sleep in groups. Elephants also sleep in a group, but they sleep in groups for protection. The larger elephants make a circle around the young elephants. The larger elephants sleep standing up, while the younger ones get inside the circle and lie down to sleep.

Some animals sleep in trees. Birds will lock their feet onto a branch to keep from



falling out of the tree. Other animals, like squirrels and baboons, make nests in trees to sleep in. They curl up to keep warm. Bats hang upside down from tree branches to sleep.



Most animals look for warm, dry places to sleep. However, ducks often sleep in the water. Sea otters sleep in water, too. They float on their backs in the seaweed.

Most animals lie down to sleep. However, some large animals, like horses, sleep standing up. The flamingo sleeps standing on just one leg.

Most animals sleep at night, but some animals are nocturnal. Nocturnal animals sleep during the day. Bats are nocturnal animals. They wake up when the sun goes down.

Animals sleep in many different places and in many different ways. Still, just like humans, every animal must sleep.

